



FEBRUARY IS  
**NATIONAL**  
**CHILDREN'S**  
**Dental Health**  
**MONTH**



replace your  
toothbrush every

**3** months



brush at least  
twice a day for  
2 minutes



make sure to  
brush in a  
circular motion

schedule first visit  
to the dentist  
by first birthday

**1**



community water fluoridation  
reduces dental decay by  
at least 25% in children  
and adults.

3 out of 5  
children are affected by tooth decay



**5X**

more common  
than asthma



**810,000**

Michigan children have  
access to care through the  
Healthy Kids Dental program